



# *Continuous Realization*

*An Advanced Six-Month Open Path Program*

*2018 • Buckland Hall • Wales, UK*

*with Pir Elias Amidon*

*Seminar Dates: April 15-18 and October 7-10, 2018*

## *The Program*

*Continuous Realization* is an advanced Open Path program intended for those who have either completed a nine or six-month Open Path training, or who have significant experience in a spiritual path or other training in nondual recognition. This six-month program consists of two four-day seminars to be held at Buckland Hall in Wales, in the Spring and Autumn of 2018. In the months between the two seminars, participants receive readings, exercises and practices, as well as have the opportunity to join group conference calls with Elias approximately every three weeks. Partner calls and individual calls with Elias are also available.

## *The Theme*

The theme of the program is *Continuous Realization* — recognizing and living one's realization as a dynamic process inclusive of all experiences of one's life. We will be learning how to experience the entirety of our lives as a field of continuous realization — realization that is guided by curiosity, humility, and love.

The following partial list of sub-themes (not necessarily in this order) will give you an idea of the program's curriculum:

*The way you live your life • Changing your relationship with your mind stream •  
Reducing self-talk • Asking if you are full of yourself • Opening the heart •  
Motivation and longing • Living realization • Awakening is like a river •  
The vast possibilities of realization • Being interested in everything •  
Freedom and free will • The nature of the Totality • Each moment new •  
Spontaneous becoming • Loving oneself • Loving others • Loving more •  
The shoreless ocean of unconditional love • The way of the dervish •  
The open heart in everyday life • The wisdom of the body •  
Finding, losing, and re-finding ease • The mystery of happiness and sorrow •  
Being with pain and suffering • Realization and depression •  
The marriage of pure awareness and love • The practice of blessing •  
The communion of humor • Play • Being me being All • This is it! •  
Be always coming Home • Gliding*



### ***Logistics***

Seminar dates: **April 15 — 18, 2018** (Sunday evening-Wednesday afternoon)  
**October 7 - 10, 2018** (Sunday evening-Wednesday afternoon)

The seminars at Buckland Hall begin at 5 PM on Sunday and end at 3 PM on Wednesday. Buckland Hall is a beautiful retreat center in Wales, approximately 1 ¼ hours from downtown Bristol. It is a perfect place for engaging in this profound work. (We have scheduled the seminars on a Sunday to Wednesday to take advantage of lower accommodation costs on those days.)

### ***Costs***

The tuition fee for the six-month program is £750. For those on a limited income, there are partial scholarships available. If you wish to apply for a partial scholarship, please write to [openpath@sufiway.org](mailto:openpath@sufiway.org) describing your situation and the amount you are able to pay.

The fee for 3 nights accommodation and meals (dinner Sunday to lunch Wednesday) at Buckland Hall is £210 for each seminar (double room). There is a £66 surcharge for a private room, and a discount of £16 for sharing a room with 2 others; £22 discount for sharing with 3 others.

A deposit of £200 is required to secure your registration. The balance is due two months prior to the first seminar. You may also pay the balance in installments. |

A scholarship fund has been established through the generous donations of past students; it is our hope no one will be prevented from attending Open Path programs for financial reasons. To apply for a partial scholarship, write to [openpath@sufiway.org](mailto:openpath@sufiway.org), describing your financial circumstances and the amount you feel able to pay. If you can contribute toward the scholarship fund we would be most grateful.

### ***Registration***

To register, go to: **[www.regonline.com/ContinuousRealization2018](http://www.regonline.com/ContinuousRealization2018)**



**Elias Amidon** is the spiritual director (Pir) of the Sufi Way ([www.sufiway.org](http://www.sufiway.org)), a non-sectarian mystical order in the lineage of Sufi Inayat Khan. An initiate of the Sufi Way for nearly a half-century, Pir Elias has studied with Qadiri Sufis in Morocco, Theravadan Buddhist teachers in Thailand, Native American teachers of the Assemblies of the Morning Star, Christian monks in Syria, Zen teachers of the White Plum Sangha, and contemporary teachers in the Dzogchen tradition.

Co-editor of the books *Earth Prayers*, *Life Prayers*, and *Prayers for a Thousand Years*, he worked for many years as a citizen activist for peace and interfaith understanding in Iraq, Syria, Afghanistan, Iran, Pakistan, and Israel/Palestine, and with indigenous tribes in Thailand and Burma on issues of cultural continuity and land rights. He is author of the books *The Open Path: Recognizing Nondual Awareness*, and *Free Medicine: Meditations on Nondual Awakening*.