

# Sufism & the Art of Loving

*“March to December, every month,  
a Saturday evening in Berkeley...”*

The **Art of Loving** sessions are a place to grow your own understanding of and approach to loving. Loving yourself, loving others, loving “the one,” loving the One ... we’ll travel through them all. Each session will start with a short talk, or practice which will lead us into a conversation/discussion on topics of loving, opening, unleashing the heart. After a break, we will do *zikr*, a Sufi musical meditation. Come join us, explore the emotionality, spirituality and poetry of loving.



**Kiran Rana** has been engaged with Sufism for 45 years and is a guide in the Sufi Way. **Jeanne Rana** is a poet and member of the Sufi Way and the Unitarian Church of Oakland. At the **Bay Dervish** center in Alameda they share approaches to the inner life, love, creativity and awakening.



**MAR. 30 / *The Art of Loving*** Q • S

**APRIL 27 / *Loving Yourself*** Q • S

**MAY 11 / *Loving Others*** Q • S

**JUNE 22 / *Qawwali recital***

**JULY 27 / *Love Types & Archetypes***  
*(morning & afternoon: Sufi poetry workshop)*

**AUG. 24 / *Vulnerability*** Q • S

**SEPT. 21 / *Sexual Loving*** Q • S

**OCT. 12 / *Loving & Nonduality*** Q • S

**NOV. 23 / *Qawwali recital***

**DEC. 8 / *Loving the Earth & Sky*** S  
*(a Sunday evening)*

There are three programs on most days:

**Morning:** Qawwali Q (10:30 am-1.00 pm). Join us as we practice for our recitals; \$15 at the door

**Afternoon:** Storytelling S masterclass (2:30-5:30 pm). Contact us for more details, \$10 at the door

**Evenings:** **Art of Loving** sessions. Doors open at 6:40 pm for a 7:00 pm start. Talk and discussion till 8:30 pm; after a short break we close with a Sufi musical meditation. On Qawwali recital days there is no other program.

**LOCATION:** Rudramandir / Sutra Room • 830 Bancroft Way, Berkeley, CA 94710

**TICKETS:** **Art of Loving** session tickets are \$20 at Eventbrite and at the door. Qawwali recital tickets (June and November) are \$25 at Eventbrite and \$30 at the door. Full day tickets (these include morning Qawwali and afternoon Storytelling) are \$35.

*Space is limited; please book early. For more details please visit Eventbrite or facebook.com/baydervish. For all questions contact Kiran / (510) 393-6963 or Jeanne / (510) 393-1852 • email: baydervish9@gmail.com*