

COST & REGISTRATION

Your experience will most likely be deeper if you attend both weekends, but you are also welcome to attend the weekends individually. We would be grateful if you would register in advance — that will help us to prepare the space. However, you may also just show up and pay at the door, if there is still space.

The fee for both weekends is \$250; single weekends are \$150 each. A Friday is \$60 and a Saturday is \$90. For students and those on low income, the fee for both weekends is \$150 and a single weekend is \$90 each; a Friday alone is \$35 and a Saturday is \$55.

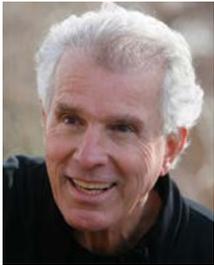
If you have questions, email baydervish9@gmail.com or call Kiran Rana at 510-393-6963. For updates and more information visit <https://www.facebook.com/BayDervish/>

Register for “Doing the Beautiful” here: <https://tinyurl.com/doingthebeautiful>

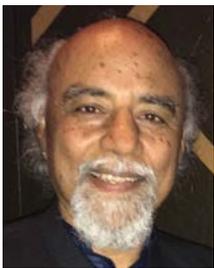
Register for “Love and Nonduality” here: <https://tinyurl.com/loveandnonduality>

(Please note: Eventbrite charges a small handling fee.)

Early bird discounts: Please note that prices listed on Eventbrite for full weekends and the two-weekend pass will reflect a 10% discount, available till January 15. On January 16 these prices will go up to their regular rates. The early bird discount for the June weekend will be available till May 30.



Pir Elias Amidon is the spiritual director (Pir) of the Sufi Way (www.sufiway.org), a non-sectarian mystical school in the lineage of Sufi Inayat Khan, dedicated to spiritual awakening and friendship. He is author of the books *The Open Path: Recognizing Nondual Awareness*, and *Free Medicine: Meditations on Nondual Awakening*, and co-editor of the books *Earth Prayers* and *Life Prayers*. Pir Elias has worked for many years as a citizen activist for peace and interfaith understanding in Iraq, Syria, Afghanistan, Iran, Pakistan, and Israel/Palestine, and with indigenous tribes in Thailand and Burma on issues of cultural continuity and land rights.



Murshid Kiran Rana was born and raised in India. In 1973 he traveled to the West, where he met his Sufi teacher, Pir-o-Murshid Fazal Inayat-Khan, spending the first seven years of his Sufi training living and working in close proximity to his teacher. Murshid Kiran worked for many years in California as a publisher of books on health and wholeness, and now devotes himself full-time to the practice and teaching of Sufism, including the well-received online course *A Taste of Sufism*. At the Bay Dervish Center in Alameda, California, he and his wife Jeanne hold regular gatherings for conversation, zikr and qawwali, and offer personal guidance to people seeking fulfillment and awakening.

The Nondual Heart of Sufism

A contemporary Sufi approach to
the essence of nonduality



Two workshops with Pir Elias Amidon
and Murshid Kiran Rana in Berkeley:

Doing the Beautiful

February 8-9, 2019

Love and Nonduality

June 21-22, 2019

Doing the Beautiful

Friday, February 8 – 2:00 PM to 7:30 PM
Saturday, February 9 – 10:30 AM to 9:00 PM

When we hear Rumi's simple line of guidance, "**Let the beauty we love be what we do,**" we know we are hearing something true and pure. His guidance doesn't rely upon religious belief — it simply expresses what we already know in our hearts, that *doing the beautiful* is the most fulfilling and caring way to live.

But how can we live this guidance — in our spiritual life, in our relationships, and in our work in the world? What is *the beautiful act*? And in a time of increasing social distrust, injustice and ecological collapse, does it make sense to turn to beauty for guidance?

Dostoevsky once remarked, "**Beauty will save the world.**" In this workshop we will explore what this can mean for us — not in the abstract, but in our direct experience.

Living a life that is informed by beauty requires us to release our grudges and judgments and the stories we tell about who we are and what is real. It asks us to open our hearts in ways we may find challenging — learning to listen rather than asserting our opinions, learning to be kind rather than self-protective, and giving space rather than taking it.

The two gatherings will weave together experiential exercises, talks and discussion, guided meditations, movement, body prayers, and musical zikr. All are welcome.

"I like to think of the Sufi style of nondual expression as spontaneous rather than predetermined, subversive rather than safe. It does not stay within a particular pattern. Indeed, the expressions of nondual Sufism range from silent contemplation of Divine Absence to ecstatic celebration of its Presence."

— Pir Elias Amidon, *FREE MEDICINE*

Love and Nonduality

Friday, June 21 – 2:00 PM to 7:30 PM
Saturday, June 22 – 10:30 AM to 9:00 PM

Love and nonduality are two faces of the same mystery. Our experience in the world is alive with love: kindness, empathy, compassion, passion, ecstasy, devotion, friendship, intimacy, caregiving, playfulness, kinship, mercy, grief, forgiveness, gratitude, blessing, service. Sufis recognize that these forms of love sustain and illuminate our world. They are also the living expression of the nondual presence that is the ground of all being.

Many of us have glimpsed this presence when we were children, or in moments of ecstatic love, spiritual practice, or psychedelic experience. This radiant awareness is not something outside of us: it is utterly inclusive, beautiful, spontaneous and natural.

In this workshop we will explore together how we may deepen our capacity to love, to be open to presence while fully engaging with life's beauty, difficulties and sorrows. We will ask what obstructs our capacity to love, and what is unnecessary in how we define our selves and our world.

We will ask love to show us what matters.



WHERE: The workshops will take place on Fridays from 2:00 pm to 7:30 PM and Saturdays from 10:30 AM to 9:00 PM at **Rudramandir (The Lotus Room), 830 Bancroft Way, Berkeley CA 94710**. There is plenty of parking available near Rudramandir; when you register we will send you a guide indicating where to park and where not to park during working hours.