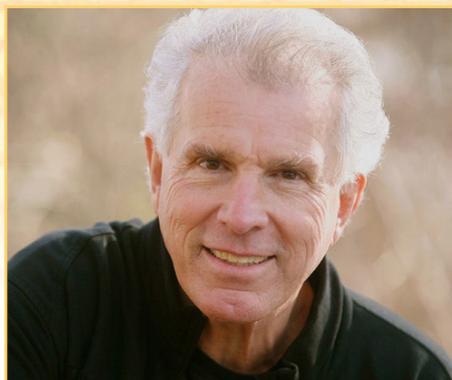


THE NONDUAL HEART OF SUFISM



An experiential weekend workshop with
PIR ELIAS AMIDON

October 19-20, 2019 • Soefi-Huis, Haarlem

We live in a sacred reality. The here-and-now is alive with a pure, awake, and loving presence that is beyond all description. It is our vibrant home. Many of us have glimpsed this reality when we were children, or in moments of ecstatic love, spiritual practice, or psychedelic experience.

Although daily life tends to obscure our remembrance of this reality — the luminous and loving ground of all being — it is always present. Opening ourselves to its presence, even for brief moments, is an unforgettable blessing that can instill in us the gift of natural ease, well-being, and caring for all.

During this weekend workshop, we will explore traditional and contemporary Sufi approaches to recognizing this sacred reality. To aid us we will make use of talks, discussion, direct pointing out, silence, guided meditation, heart-opening and breathing exercises, self-inquiry, and musical meditation.

WHERE: Soefi-Huis, Burgwal 38-40, 2011 BG Haarlem

WHEN: Weekend of October 19-20, 2019
Saturday, 10AM–9PM; Sunday, 10AM–5PM

COST: 180€. Includes simple lunch and dinner on Saturday, and lunch on Sunday.
Early booking recommended. Bursaries available.

TO REGISTER: Send email, or call, Elmer Koole (Sufi Way Nederland) for further information or to confirm your registration: elmerkoole@gmail.com. Tel: +31 6 2709 3762. Transfer fee to: Sufi Way NL bank account: IBAN: NL86INGB0004895129 BIC: INGBNL2A.

Pir Elias Amidon is the spiritual director (*Pir*) of the Sufi Way, a contemporary and non-sectarian mystical order in the lineage of Sufi Inayat Khan that is dedicated to spiritual awakening and friendship. Elias teaches and holds retreats on nondual spirituality and Sufism throughout Europe and the United States, and is known for his direct and experiential approach to spiritual realization. He has worked for many years in the fields of peace and environmental activism in the Middle East and Southeast Asia, and with indigenous tribes on land-rights issues. He is the author of the books *The Open Path: Recognizing Nondual Awareness*; *Free Medicine: Meditations on Nondual Awakening*; *Munajat: Forty Prayers*, and co-editor of the anthologies *Earth Prayers* and *Life Prayers*.